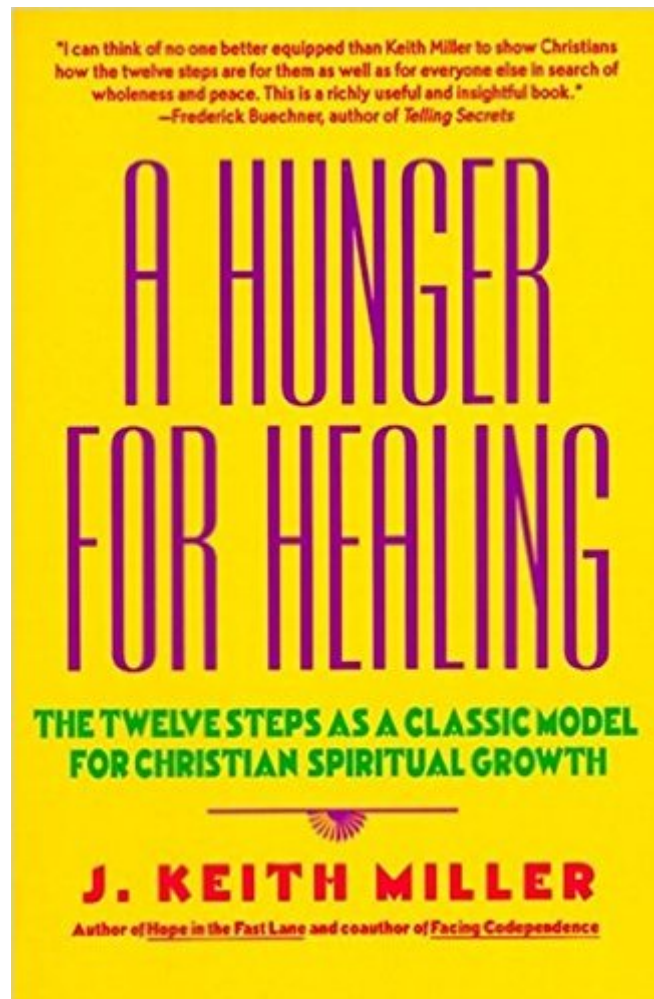


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# A Hunger For Healing: The Twelve Steps As A Classic Model For Christian Spiritual Growth



## Synopsis

An exploration of the Twelve Steps and their unique benefits for Christians.

## Book Information

Paperback: 288 pages

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## Customer Reviews

This is the definitive Christian book on the Twelve Steps. Miller compromises neither the Twelve Step program and its unique dynamic nor the Biblical principles of the body of Christ in this insightful and honest work. Anyone struggling with problems of whatever nature can find guidance and encouragement in these pages. The questions at the end of each chapter are an excellent way to "work the steps" - again and again. This book has become my "second Bible."

Our church staff recently presented a seven-part message series based on Miller's book and it had a profound impact on our congregation (New Life Christian Church, Centreville, VA, see [newlife4me.com](http://newlife4me.com)). We made the book available for our folks at our information table and it was the best received book we have ever used -- running slightly ahead of Lee Strobel's Case For Christ. It was so popular and there was so much interest in it that the book and the message series led to starting a couple of Celebrate Recovery/Hunger For Healing groups for those working through their own "hurts, habits, and hang-ups," including some who had never acknowledged having a problem other than some vague recognition that there was "sin" in their lives. Miller's book has been a perfect companion for our recovery groups. I highly recommend it for anyone struggling with control issues -- those willing to admit their own lack of self-sufficiency and ready to return God to

his rightful place as Creator and Lord of the Universe.

A perfect book for you who is working the steps in any Twelve Step Program - AA, Al-Anon, NA, OA or other... The book goes through the steps in a very pedagogic way from a spiritual perspective covering problems related to all kinds of problems of addiction and sin. Problems you can have even after you recovered from your primary disease. In the end of every chapter and step Keith Miller gives you questions to work with. He also covers aspects of sponsorship and problems with drawing lines/boundaries towards others. In doing so he clearly talks from his own experiences as an recovered workaholic and sinner. Gorskis' "Understanding the Twelve Steps" and Joe's & Charlie's "the Big Book Study" gave me an basic understanding of the Twelve Step Program, but this is my favorite book when it comes to getting deeper understanding of lives basic problems and to the spiritual side of the program. I "must" for anyone wanting to grow spiritual, even if they haven't worked the steps before.

I read this book after I had worked through the steps, but I wish I had read it before. Miller does a great job breaking down each step and applying it to his own life. If you thought the steps were just for alcoholics, think again. This book will open your mind to behaviors that keep you stuck in the insanities of life. If your new to the steps or if you have lived them most of your life this book hits the spot.

Are you hungry? Hungry for healing? What a wonderful book. Here's twelve step book for people addicted to control of their lives. What's that? Too much self control can be a problem? It can be, if you'd rather yield your life to the Higher Power! Echoing the previous reviewer, it's easy to read, difficult to take.... ...and a journey well worth taking. This book is for anyone addicted to sin. Special emphasis is placed on the sins of control, anger, and resentment, although those addicted to mundane vices such as drugs, alcohol, sex or food can benefit from this book too! :)

Miller shares from his own life experience how the Twelve Steps (adopted from AA) are relevant to anyone today who is seeking to overcome the power of "Sin Disease" or spiritual sanctification. Great book to use either in a group setting or individual reading. Because this book touches tender spots, it is "easy to read, but difficult to take." Plan on working the recovery steps in a new way that may take up to several months to accomplish

Fabulous book on recovery from any substance, condition or addiction. Several good personal examples. Thought-provoking questions at the end of each chapter. Outstanding appendices. I have several books on addiction and, for me, this one bridged the gap between my "my Higher Power" and Jesus Christ. Church groups, self help books and bible studies have all contributed to my understanding of addictions, but this book nailed the root cause as Sin-disease without judgment or shame. It resonated with my soul.

Professor required this book for a psychology class on addictions. I wouldn't recommend buying this unless you were just studying the topic intellectually - or if you have a sponsor who is prepared to walk you through the steps. The book does go through the 12 steps and encourages the reader to take part, but doing so without a sponsor may leave you with more issues. The author also seems to blur the lines a little between the model's loose religious perspective and Christian perspectives. One paragraph he'll refer to "a higher power" and the next paragraph he'll refer to "God" as if that is the mutual consensus. If you are religious or hold to theological views, you may find some parts of this book to be wishy-washy. It is not about the religion though, it's about addiction, so if you can separate the two, you may find it useful.

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